

TOPICS WE COVER

LEADING SELF

- Leading and Coaching – Leading vs. Doing
- Leveraging strengths and managing blind spots
- Building Emotional intelligence – Empathy and active listening

LEADING OTHERS

- Delegating and holding others accountable in a remote environment
- Having crucial conversations and managing productive conflict
- Building awareness around your hooks and triggers

LEADING CHANGE

- Building a vision for change
- Communicate and align clearly and effectively
- Create and execute a successful plan; Manage resistance through empathy

LEADING THE BUSINESS

- Making purposeful and purpose driven decisions
- Focusing energy and getting things done
- Managing up, down and across

PARTICIPANT EXPECTATIONS

COMMITMENT

Leaders will be asked to set and complete 3 individual growth goals, attend all coaching sessions, complete pre-meeting assignments, and meet with their accountability group monthly.

ENGAGEMENT

Group coaching sessions are fast paced, interactive, and focused on topics specifically designed to increase the performance and resiliency of high potential leaders. We will learn from each other by sharing real-world challenges and opportunities, and practice what we've learned between sessions.

CONFIDENTIALITY

We will commit to respect the confidentiality of others, so we can share and learn in an open and honest environment.

INNOVATIVE PROGRAM WITH 3 DELIVERABLES

ONE-TO-ONE COACHING

- 3 – Individual one-hour coaching sessions to set growth goals and assess progress with our credentialed executive coach, Susan Diehl.

GROUP COACHING

- 4 – 90 minute facilitated leadership coaching sessions designed to deliver a powerful and comprehensive development opportunity.

PEER ACCOUNTABILITY GROUPS

- 4 – 60 minute sessions with peer accountability group partners. A unique opportunity to build trusted relationships and learn from other leaders in different industries.

Sessions

- Sessions Limited to 6 Participants
- 6-Month Program

Delivery Method

- All sessions delivered by Zoom
- Leader engagement support
- **Susan Diehl, ICF PCC Certified Coach**